

# Sentinel Watch - February 2020

These descriptions are intended to support branch churches and individuals who would like to share and promote the upcoming Sentinel Watch topics. You're more than welcome to adapt these descriptions for your individual use. Feel free to use the information in a way that best meets the needs of your community.

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February 3-9, 2020

## What is animal magnetism?

Guest: Evan Mehlenbacher

On the upcoming Sentinel Watch podcast, our guest looks at the concept of evil and a term Christian Science uses to help us understand it—animal magnetism. Our guest explains what this apprehension means, as well as how to recognize animal magnetism in our daily lives and prove it to be powerless. He explains the tools we have to disarm animal magnetism and its effects through understanding God and our spiritual nature as God's expression, which brings healing and regeneration into our lives. To hear more about what animal magnetism is and how you can prove its powerlessness, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

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February 10-16, 2020

## A practical repentance

Guest: Elise Moore

The upcoming Sentinel Watch podcast assures us that everyone has what it takes to change their life through the practical repentance Christ Jesus illustrated in his healing love. He instructed us to repent, and said: "I am come that they might have life, and that they might have it more abundantly" (John 10:10). Our guest shows us how prayer can help us change the way we think, from having a limited concept of God and ourselves to accepting our unlimited spiritual nature as a beloved child of the infinite God. This knowledge erases problems and brings abundant good into our lives. To discover how you can repent—change your thought—and find healing, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

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February 17-23, 2020

## **You belong to ME**

Guest: Melanie Ball

On the upcoming Sentinel Watch podcast, discover how empowering it is to understand how deeply loved we are by God. This knowledge put our guest on a spiritual path that opened the way to healing during times of great need. An insight she received in prayer cemented her conviction that we are not faulty mortals, alone in the world and struggling to get by, but instead are divine Love's cherished children, belonging to God. To discover the health, joy, fulfillment, and freedom brought by understanding how deeply loved by God you are, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.

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February 24 - March 1, 2020

## **Christ: The door to healing and for healers**

Guests: Connie Coddington and Barbara Vining

On the upcoming Sentinel Watch podcast, our guests discuss the light Jesus threw on the nature of his healing practice when he said, "I am the door: by me if any man enter in, he shall be saved" (John 10:9). They show how we can follow Christ Jesus' teachings and example by letting our spiritual identity be expressed through our humanity, and how healing happens in Christian Science—in which God, working in human consciousness, changes our thought from accepting material limitation to perceiving God's infinite goodness and power. To hear how you too can enter through the door that brings healing, transforms your life, and enables you to heal others, listen to the upcoming Sentinel Watch podcast on JSH-Online.com.